

龍 華 科 技 大 學

Lunghwa University of Science and Technology

課 程 簡 介

COURSE DESCRIPTION

部別 Daytime/Evening Session	日間部	系別 Dept.	通識中心	年制 Program	四	開課年級 Target Students	三年級
	Daytime		Center of General Education		4		3
科目編碼 Course Code	科目名稱 (中文) Course Title (Chinese)		科目名稱 (英文) Course Title (English)		學分數 Credit(s)	上課時數 Hour(s)	
NE21006	職涯分析與規劃		Career Analysis and Planning		1	2	
中文概述	<p>本課程主要在培養學生對自我了解、發覺職場優勢、探索職涯發展能力及增進反思學習能力。透過自我了解與肯定的歷程，利用就業實務技能的傳授與學習、職場倫理態度的建立及職場經驗分享等，建立正確的職涯觀念。</p> <p>課程內容包括：</p> <ol style="list-style-type: none"> 一、UCAN 共通職能與專業職能施測與解測。 二、指導學生如何運用 UCAN 專業職能的優勢連結其實習方向及未來職涯發展。 三、引導學生履歷表撰寫及邀請業界代表或畢業學長進行職涯經驗分享。 四、傳授求職與面試技巧，以及教導學生如何運用職場成長策略與工具和建立正確的職場工作態度。 五、協助學生整合該系專業知能及本課程培養之軟實力，透過模擬面試提升其進入職場的實戰能力。 						
English Description	<p>This course aims to educate students' self-understanding, discover their workplace advantages, explore their career development competence, and enhance student reflective learning ability. By understanding themselves, teaching them practical skills, establishing their workplace ethical attitude, and sharing workplace experience, students will be equipped with proper career concepts. The course content includes:</p> <ol style="list-style-type: none"> 1. Diagnosing students' common and professional career competencies by using UCAN. 2. Guiding students to discover their professional competencies by using UCAN and applying them to their internship direction and future career development. 3. Guiding students on resume writing, and inviting industry representatives or graduates to share their career experiences. 4. Introducing job hunting and interview skills, and teaching them how to apply strategies and tools in their future career growth and develop a proper workplace attitude. 5. Helping students integrate the professional knowledge of the department with the soft power that learned from this course, and improving students' practical workplace abilities through mock interviews. 						